

## WAIVER OF LIABILITY

Full Name

Email Address

Gender

Street Address

City

Province/Region

Zipcode

Country

Date of Birth

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### Waiver of Liability

**Waiver of Liability** In consideration of CrossFit Bethel allowing you to use its equipment, facilities and premises in accord with its policies and procedures, you agree to the terms and conditions set forth below.

Because physical exercise can be strenuous and subject to risk of serious injury, CrossFit Bethel urges you to obtain a physical examination from a doctor before using any exercise equipment or participating in any exercise activity. Also, any changes in your diet including the use of food supplements, weight reduction and/or body building enhancement products are entirely your responsibility and you should consult a physician or other licensed health care professional prior to undergoing any such changes.

As used in this Agreement, "CrossFit Activities" means any exercise or activity that you engage in at CrossFit Bethel and/or any use by you of CrossFit Bethel's equipment, facilities or premises, including but not limited to your participation in any class, program, personal training and/or instruction.

You agree that, if you engage in any CrossFit Activities, you do so entirely at your own risk and you agree to follow CrossFit Bethel's rules and policies relating to such CrossFit Activities. CrossFit Bethel is not responsible for any loss of or damage to your personal property.

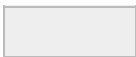
You acknowledge that your participation in CrossFit Activities is voluntarily and you:

- (i) assume all risks of injury, illness, or death arising from such CrossFit Activities; and
- (ii) waive all claims against and release from all claims CrossFit, CrossFit Bethel and CrossFit's and CrossFit Bethel's respective directors, members, managers, officers, affiliates, agents, staff, volunteers, suppliers, licensors, licensees and employees arising from such CrossFit Activities.

The foregoing waiver and release of liability includes, without limitation, all injuries which may occur, regardless of negligence, as a result of (a) your engaging in any CrossFit Activities, (b) the sudden and unforeseen malfunctioning of any equipment (c) CrossFit Bethel's instruction, training and/or supervision, and (d) your slipping and/or falling while in the premises, including adjacent sidewalks and parking areas.

You hereby release and hold harmless CrossFit and CrossFit Bethel, and any and all officers, affiliates, directors, members, managers, agents, staff, volunteers, suppliers, licensors, licensees and employees of CrossFit and CrossFit Bethel from and against any and all actions, judgments, settlements, claims, liabilities, losses, damages, expenses, and costs (including court costs and attorney's fees), including, without limitation, for any property damage, personal injury, death or any other action, claim, liability, loss, damage or expense against CrossFit Bethel based on CrossFit Bethel's operation of its business or premises.

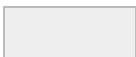
If any portion or aspect of this Agreement is deemed by a court of competent jurisdiction to be invalid or non-compliant with any law, rule or regulation, in whole or in part, then the remainder of this Agreement shall remain in full force and effect and the offending provision or provisions shall be severed from this Agreement.

Initial here: 

### Member Agreement

**Your Right to Terminate** If you wish to terminate this membership agreement, your request to terminate this membership agreement and cancel the auto-payments must be received by Royal Strength 2 weeks in advance of your billing date. For example, if your billing date is the 14th of every month, you must notify Royal Strength by the 1st in order to not get charged. All requests to terminate your membership agreement and auto-payments must be sent via email to [info@crossfitbethel.com](mailto:info@crossfitbethel.com)

**CrossFit Bethel's Right to Terminate** CrossFit Bethel has the right to terminate this relationship, at any time and for any reason, by issuing a refund to you for any services not provided to you as a result of such termination.

Initial here: 

**Changes in Membership Pricing** CrossFit Bethel will provide a minimum of 30 days' notice regarding any changes in membership rates.

**Rules and Policies** You hereby agree to follow all rules and policies now in effect and as may be adopted from time to time by CrossFit Bethel, including but not limited to hours of operation, use of equipment and services. CrossFit Bethel reserves the right, in its sole direction, to change from time to time the hours of

operation, types of classes, class schedules, equipment, and trainers, and to substitute trainers as needed. For current class schedules, go to [www.crossfitbethel.com](http://www.crossfitbethel.com). You hereby agree that you will not be credited or reimbursed for any used classes

☐ I agree to these terms.

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Sign your name below:

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Please read the [Electronic Records and Signature Disclosure](#)  
☐ I agree to use electronic records and signatures