

CROSSFIT (ADULTS)

Full Name

Email Address

Gender

Street Address

City

Province/Region

Zipcode

Country

Date of Birth

CROSSFIT BLADE

REGISTRATION AGREEMENT

1. I

Initial here:

represent that I am physically capable of participating in exercise and other programming provided by CrossFit Blade, TreanorBUILT-TNS LLC, and its instructors (collectively herein, "CrossFit Blade"). I understand that physical exercise can be strenuous and subject to risk of serious injury and I understand that no exercise/activity program should be undertaken without the consent of a medical doctor and I am responsible for undertaking to obtain such consent.

2. I

Initial here:

agree that if I engage in any physical activity, or use any CrossFit Blade amenity on the premises or off premises, including any sponsored CrossFit Blade event, I do so ENTIRELY AT MY OWN RISK. Any recommendations for changes in diet, including the use of food supplements and/or weight reduction products are entirely my responsibility and I will undertake to consult a physician prior to undergoing any dietary or food supplement changes.

3. I

Initial here:

agree that I am voluntarily participating in the activities provided, directly and indirectly, by CrossFit Blade and the use of facilities and premises provided and ASSUME ALL RISKS of injury, illness or death.

4. I

Initial here:

agree that CrossFit Blade is also not responsible for any loss of, or damage to, personal property.

5. I

Initial here:

understand that the exercises provided by CrossFit Blade may be extremely demanding and I take full responsibility for knowing, monitoring and acting within my abilities and learning and incorporating any modifications or adaptations necessary to proceed with such activities in a safe and appropriate manner.

6. I

Initial here:

agree that CrossFit Blade its directors, officers, members, employees, agents and assigns shall not be liable or responsible for any injuries to me which may occur as a result of (a) my use of all amenities and equipment provided by CrossFit Blade and my participation in any activity, class, program or instruction, (b) the sudden and unforeseen malfunctioning of any equipment, (c) CrossFit Blade's instruction, training, supervision or dietary recommendations, and (d) my slipping and/or falling while in the facility, or on CrossFit Blade's premises, including adjacent sidewalk areas.

7. I

Initial here:

acknowledge that I have read this Waiver & Release and understand that it is a RELEASE OF LIABILITY.

8. I

Initial here:

expressly agree to release and discharge CrossFit Blade and its directors, officers, members, employees, agents, affiliates, representatives, successors, assigns and instructors from any and all claims, causes of action or judgments that may arise out of any of the events noted in numbers 1 through 8 above and I agree to voluntarily forfeit or waive any right that I may otherwise have to bring legal action against CrossFit Blade for personal injury or property damage. To the extent that statute or case law does not prohibit release for ordinary negligence, this release applies to any ordinary negligence on the part of CrossFit Blade, its agents, officers, members, directors and employees.

9. I

Initial here:

grant CrossFit Blade permission to use my likeness in photograph and video in any and all of its publications and in any and all other media, in perpetuity, and for other use by CrossFit Blade. I will make no monetary or other claim against CrossFit Blade for the use of such photograph and video.

10. I

Initial here:

agree to pay a no-show fee of \$25 for any personal training or one-on-one coaching sessions I fail to attend without giving at least 1 hour notice via phone call, text message, or email.

By accepting the terms of this Waiver & Release, I acknowledge that I have read this release and understand all of its terms. I execute it voluntarily and with full knowledge of its significance. I expressly agree that this release shall be binding upon my heirs, executors, administrators and assigns.

Payment, Refund & Cancellation Policy. Payment for all products, services and special programs is required in full at the point of sale. All sales are final, all payments for products and services are non-refundable and services are non-transferable. CrossFit Blade reserves the right to terminate an individual's enrollment in any program or membership at any time. If such termination is due, in the sole judgment of CrossFit Blade, to the unsafe, disruptive, uncooperative, negligent, reckless or otherwise improper acts or omissions of, or violation of any policy or rule of CrossFit Blade by the client, all amounts previously paid, will be forfeited CrossFit Blade requires 30 days notice prior to cancellation of all memberships.

☐ I agree to these terms.

What is your current activity level? *

Do you have any injuries or illnesses that we need to know about?

What are your goals?

Sign your name below:

Please read the [Electronic Records and Signature Disclosure](#)

☐ I agree to use electronic records and signatures