

CROSSFIT ATHLETE WAIVER

Full Name

Email Address

Gender

Street Address

City

Province/Region

Zipcode

Country

Date of Birth

RELEASE OF LIABILITY

PLEASE READ CAREFULLY – THIS AFFECTS YOUR LEGAL RIGHTS

In exchange for participation in the activity of **CrossFit, CrossFit Kids, Kettlebells, Yoga, Personal Training and all other Fitness programs** organized by INERTIA, LLC ("CrossFit TYPE 44") located at 1129 SE Centennial Blvd., Unit A. Bend, Oregon, 97702 or TYPE 44 WEST, LLC ("CrossFit TYPE 44 West") located at 150 SW Scalehouse loop., ste.101 & 102, Bend, Oregon, 97702 and/or use of the property, facilities and services of CrossFit TYPE 44 or CrossFit TYPE 44 West. I agree for myself (and if applicable) for the members of my family, to the following:

1. I agree to observe and obey all posted rules and warnings and further agree to follow any instructions or directions given by CrossFit TYPE 44 or the employees, representatives or agents of CrossFit TYPE 44 or CrossFit TYPE 44 West.

Initial here:

2. I recognize that there are certain inherent risks associated with the above described activity and I assume full responsibility for personal injury to myself and (if applicable) my family members, and further release and discharge CrossFit TYPE 44 or CrossFit TYPE 44 West for injury, loss or damage arising out of my or my family's use of, or presence upon, the facilities of CrossFit TYPE 44 or CrossFit TYPE 44 West, whether caused by the fault of myself, my family, CrossFit TYPE 44 or CrossFit TYPE 44 West or other third parties, specifically including any claim of negligence or recklessness on the part of CrossFit TYPE 44 or CrossFit TYPE 44 West.

Initial here:

3. I agree to indemnify, defend and hold harmless CrossFit TYPE 44 or CrossFit TYPE 44 West against all claims, causes of action, damages, judgments, costs or expenses, including attorneys fees and other litigation costs, which may in any way arise out of my or my family's use of or presence upon the facilities of CrossFit TYPE 44 or CrossFit TYPE 44 West.

Initial here:

4. I agree to pay for all damages to the facilities of CrossFit TYPE 44 or CrossFit TYPE 44 West caused by my or my family's negligent, reckless or willful actions.

Initial here:

5. Any legal, personal injury, contract, business, equitable, or any other claim that may arise from participation in the above, or presence upon the facilities of CrossFit TYPE 44 or CrossFit TYPE 44 West, shall be resolved under Oregon law.

Initial here:

I HAVE CAREFULLY READ THIS ENTIRE DOCUMENT AND FULLY UNDERSTAND IT. I FURTHER UNDERSTAND THAT BY SIGNING THIS DOCUMENT, I VOLUNTARILY SURRENDER CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO BRING ANY CLAIM FOR INJURY OR DAMAGE ARISING FROM THE NEGLIGENCE OF CROSSFIT TYPE 44 or CROSSFIT TYPE 44 WEST.

☐ I agree to these terms.

Sign your name below:

Please read the [Electronic Records and Signature Disclosure](#)
☐ I agree to use electronic records and signatures
