

ATHLETE RELEASE FORM

Full Name	Email Address	Gender	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Street Address	City	Province/Region	Zipcode
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Country	Date of Birth		
<input type="text"/>	<input type="text"/>		

Under the terms of this Agreement and sufficiency of which is hereby acknowledged, do hereby release and forever discharge Ascension Fitness, of 1980 Ashley River Road Ste B, City of Charleston State of South Carolina (Hereinafter the "Releasee") including their agents, employees, successors and assigns, and their respective heirs, personal representatives, affiliates, successors and assigns, and any and all persons, firms or corporations liable or who might be claimed to be liable, whether or not herein named, none of whom admit any liability to the undersigned, but all expressly denying liability, from any and all claims, demands, damages, actions, causes of action or suits of any kind or nature whatsoever, which I now have or may hereafter have, arising out of or in any way relating to any and all injuries and damages of any and every kind, to both person and property, and also any and all injuries and damages that may develop in the future, as a result of or in anyway relating to activities participated in or associated with Ascension Fitness.

It is understood and agreed that this Agreement is made and received in full and complete settlement and satisfaction the causes of action, claims and demands mentioned herein; that this Release contains the entire Agreement between the parties; and that the terms of this Agreement are contractual and not merely a recital. Furthermore, this Release shall be binding upon the undersigned, and his respective heirs, executors, administrators, personal representatives, successors and assigns. This Release shall be subject to and governed by the laws of the State of South Carolina, This Release has been read and fully understood by the undersigned and has been explained to me.

☐ I agree to these terms.

What are your over all health and fitness goals \*

What expectations do you have from Ascension Fitness to can help you achieve these goals \*

What are your top 5 biggest concerns about the gym atmosphere \*

Do have any current or previous injuries or health concerns that need to be taken into consideration \*

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Are you taking any supplements that we need to be aware of \*

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What level of athlete would you consider yourself \*

No answers to show...

What have been your major highlights/achievements in athletics \*

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Do you currently play any sports \*

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Sign your name below:

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Please read the [Electronic Records and Signature Disclosure](#)  
☐ I agree to use electronic records and signatures