RENO POWER HOUSE WAIVER

Full Name	Email Address		Gender
Street Address	City	Province/Region	Zipcode
Country	Date of Birth		

WAIVER OF CLAIMS AND RELEASE OF LIABILITY READ CAREFULLY-THIS AFFECTS YOUR LEGAL RIGHTS

The Member signing below ("Member") desires to participate in fitness training with Reno Power House Fitness LLC ("RPH"), which training involves, among other things, intense weight training, cardio-vascular conditioning and endurance (the "Training"). Member acknowledges that the Training is very strenuous and is inherently dangerous. Member also acknowledges that training in close proximity with others as required by the Training, increases the risk of becoming infected with a communicable disease, including COVID-19.

- 1. In consideration of being permitted to participate in the Training, Member, on Member's own behalf and on behalf of Member's personal representative, guardians, assigns, heirs and next of kin:
 - 1. Assumes all such risks.
 - 2. Covenants not to sue, waives, discharges and releases and shall hold harmless RPH and any owner, contractor, employee, or coach (collectively, the "Releases") from and against all losses, damage, and any claim or damage therefore on account of any injury or diseases to the person or property or resulting in permanent injury or death of the Member arising in connection with the Training or any ancillary activity sponsored or promoted by RPH, WHETHER CAUSED IN WHOLE OR IN PART BY THE NEGLIGEN OF RPH, IT'S EMPLOYEES OR INSTRUCTORS OR OTHERWISE, INCLUDING ANY INJURY INVOLVING EQUIPMENT FAIL UNDERSTAND THAT I AM USING THE RPH FACILITIES AT MY OWN RISK DURING CLASS OR DURING OPEN GYM HOURS AT TIME GYM IS NOT STAFFED.
- 2. The undersigned further agrees as follows:
 - 1. I agree to observe and obey all posted rules and warnings, and further agree to follow any oral instructions or directions given by RPH, its owners, employees, representatives or agents.
 - 2. I agree to indemnify and defend the Releasees from and against any loss, cost, claim or damage (including attorney's fees and costs) that a Releasee may suffer or incur that may arise out of my or any person I may invite to Training to an RPH sponsored event.
 - 3. I release RPH, its owners, instructors, and employees from any claim of liability resulting from administering first aid treatment rendered to Member during his/her participation in Training.
 - 4. I agree to personally provide for any medical expenses which may be incurred or necessitated as a result of any injury sustained while participating in any Training or any ancillary event described above.
 - 5. I give RPH authorization to post on its website photos of student and use any media/film production taken from the workout sessions and while at the premises of RPH.
 - 6. Any legal or equitable claim that may arise from participation in the above shall be resolved under Nevada law.
 - 7. I agree to provide a medical release authorization from Member's physician if Member has any medical conditions that may affect Member during physical activities .
 - I HAVE READ THIS DOCUMENT AND UNDERSTAND IT. I FURTHER UNDERSTAND THAT BY SIGNING THIS RELEASE, I VOLI SURRENDER CERTAIN LEGAL RIGHTS.

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I agree to these terms.

Please read the <u>Electronic Records and Signature</u> <u>Disclosure</u>

☐I agree to use electronic records and signatures