

## ATHLETE WAIVER

Full Name

Email Address

Gender

Street Address

City

Province/Region

Zipcode

Country

Date of Birth

### GYM MEMBER WAIVER & LIABILITY RELEASE

In consideration of being permitted to participate in an exercise program, I (hereinafter "Member") hereby release, waive, discharge and covenant not to sue Neuse River CrossFit (hereinafter "Gym"), its parents, subsidiaries or other affiliates, officers, agents or employees ("**Releasees**") from any and all liability, claims, demands, actions and causes of action of any kind or nature arising out of or related to any loss, damage or injury, including death, that Member or any of Member's property may sustain resulting from Member's participation in or in any way connected with the services and activities provided by Gym, regardless of whether such loss is caused, in whole or in part, by the negligence of the Releasees and regardless of whether such liability arises in tort, contract, strict liability or otherwise. Member further represents, acknowledges, and accepts that:

1. Member's participation in the training, programs, exercises and events offered by Releasees (hereinafter collectively the "Activities") as part of Member's membership is voluntary and carries inherent risk of personal bodily injury and even death, which Member hereby voluntarily elects to assume, knowing that such activities may be hazardous to Member and Member's property. Member hereby assumes full responsibility for any risk of loss, property damages or personal injury, including death, that Member or Member's property may sustain as a result of participation in the Activities, whether caused by the negligence of the Releasees or otherwise.
2. Member warrants and represents that Member is of sufficient physical fitness to safely participate in the Activities, and that Member has no medical condition which would prevent Member's ability to participate in any of the Activities. Member further warrants and represents that all responses regarding Member's physical health contained in the "Member Health Questionnaire," attached hereto, are true and accurate.
3. In consideration of being permitted by Gym to participate in the Activities, Member covenants and agrees to indemnify and hold harmless the Releasees from any loss, liability, damage, claim, or costs, including attorney's fees and court costs, the Releasees may incur arising out of or related to Member's membership to the Gym and participation in the Activities.
4. Members, Member's heirs, legal representatives, assigns, and anyone else entitled to act on Member's behalf release, waive, discharge, and covenant not to sue Releasees for any injury, death, or other loss related to Member's participation in the Activities.
5. Member covenants and represents that Member has read and fully understands this Release and understands that Member has given up substantial legal rights by signing it. Member acknowledges and agrees that Member has signed this Release freely, voluntarily, and under no duress or threat of duress, without inducement, promise, or guarantee being communicated to Member.

☐ I agree to these terms.

**Please select all of the following conditions which apply to you currently or have applied to you in the past. If the condition is not presently appli \***

No answers to show...

**List any prescription or over the counter medication which you are currently taking: \***

  
  
  
  

**Have you every participated in CrossFit before? \***

☐ Yes ☐ No

**Do you have any past injuries, or are you currently experiencing problems with, any of the following: \***

No answers to show...

Have you had any recent surgeries (within the past year)? If so, please specify the procedure. \*

---

---

---

---

---

Are there any additional issues or concerns you feel should be disclosed prior to your participation in an exercise program? \*

---

---

---

---

---

Sign your name below:

---

Please read the [Electronic Records and Signature Disclosure](#)

☐ I agree to use electronic records and signatures