

CLARKSTON FITNESS ATHLETE WAIVER

Full Name

Email Address

Gender

Street Address

City

Province/Region

Zipcode

Country

Date of Birth

I hereby agree to the following;

Initial here:

1. I (my child) am participating in health & fitness class, wrestling, Brazilian jiu jitsu or other programs or workshops offered by Clarkston Fitness/Clarkston CrossFit of Clarkston MI: during which I (my child) will receive information and instruction about health and fitness: as well as taking part in workouts. I (my child) recognize that fitness programs require physical exertion that may be strenuous and may cause physical injury, and I (my child) am fully aware of all of the risks and hazards involved.

Initial here:

2. I (my child) understand that it is my responsibility to consult with a physician prior to and regarding my participation in health & fitness classes, programs or workshops. I (my child) represent and warrant that I (my child) am physically fit and I (my child) have no medical condition that would prevent my full participation in the exercise class, health programs or workshops.

Initial here:

3. In consideration of being permitted to participate in Health and Fitness classes, programs or workshops, I (my child) agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I (my child) might incur as a result of participating in the program.

Initial here:

4. In consideration of being permitted to participate in health and fitness classes, programs or workshops, I (my child) knowingly, voluntarily and expressly waive any claim I (my child) may have against Clarkston Fitness/Clarkston CrossFit for injury or damages that I (my child) may sustain as a result of participating in the program.

Initial here:

5. I understand that if I bring my children or other children with me to Clarkston Fitness/Clarkston CrossFit, I am responsible for their safety and wellbeing. I will not hold Clarkston Fitness/Clarkston CrossFit or any of their representatives responsible if any child or children, that are under my care and/or supervision in the gym or on the property, become injured at any time.

Initial here:

6. Athletes may on occasion be photographed or filmed during training at the Clarkston Fitness/Clarkston CrossFit facility. The undersigned hereby consents to the use of these photographs, without compensation, payment or reimbursement, by Clarkston Fitness/Clarkston CrossFit on its website or in commercial capacity or in any materials produced and/or published by Clarkston Fitness/Clarkston CrossFit.

Initial here:

7. I, my heirs or legal representatives' forever release waive, discharge and covenant not to sue Clarkston Fitness/Clarkston CrossFit for any injury or death caused by their negligence or other acts.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

☐ I agree to these terms.

What program are you filling this waiver out for? *

Sign your name below:

Please read the [Electronic Records and Signature Disclosure](#)

☐ I agree to use electronic records and signatures